



SERVED UNTIL 11:00 AM · 1 AUGUST 2026

Hungry Jack's Breakfast Menu

Every breakfast item with its price and its kilojoule figure.
Breakfast starts when the restaurant opens and finishes
at 11:00 AM, every day, at every restaurant.

12

ITEMS

\$3.00

CHEAPEST

11:00 AM

CUT-OFF

<https://hungryjacksmenus.au/hungry-jacks-breakfast-times/>

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Breakfast Menu with Prices

12 items

ITEM	ENERGY	PRICE
Hash Brown The ultimate start to your day, our mighty hash browns. Golden, crunchy potato, seasoned perfectly. Brekky is better at Hungry Ja...	685 kJ	\$3.00
Cheese Toastie We're making mornings easier with our toasties range. Tasty cheese on lightly toasted bread. Simple. Not available on delivery.	1,087 kJ	\$4.95
Ham & Cheese Toastie Start the morning with a Hungry Jacks Ham and Cheese Toastie. Premium Shaved Ham and Melted Cheese = A perfect combination. Not a...	1,201 kJ	\$5.95
French Toast Fingers NEW French Toast Fingers! A deliciously moreish and bite sized sweet treat, buttery and crispy with sweet cinnamon notes, smother...	1,852 kJ	\$6.00
Ham Cheese & Tomato Toastie Need a quick bite? Try the Hungry Jacks Ham, Cheese and Tomato Toastie. Premium Shaved Ham, Melted Cheese and ripe tomato in a li...	1,222 kJ	\$6.45
Bacon & Egg Turkish Brekky Roll Start your morning with better brekky. Try our Bacon & Egg Turkish Brekky Roll, with premium bacon, Smoky BBQ sauce, freshly crac...	929 kJ	\$8.50
Sausage & Egg Turkish Brekky Roll Start your morning with better brekky. Try our Sausage & Egg Turkish Brekky Roll, with a flame-grilled sausage patty, Smoky BBQ s...	2,045 kJ	\$8.65
BBQ Brekky Wrap Here's a great reason to spring out of bed. The awesome combination of a freshly cracked egg, flame-grilled sausage patty, premiu...	2,469 kJ	\$9.70
Jack's Brekky Roll Start your morning on a roll with better brekky. Try our Jack's Brekky Roll, with a sausage patty, premium bacon, freshly cracked...	2,477 kJ	\$10.50
Big BBQ Brekky Wrap Mornings just got bigger with the Big BBQ Brekky Wrap. A crispy hashbrown teamed up with a flame-grilled sausage patty, a freshly...	2,602 kJ	\$10.95
Mega BBQ Brekky Wrap Brekky is even bigger and better with our new Mega BBQ Brekky Wrap. A warm toasted tortilla wrap stacked with flame-grilled beef...	4,027 kJ	\$13.30

ITEM	ENERGY	PRICE
Brekky Hunger Tamers Satisfy your hunger with the NEW Brekky Hunger Tamers, stacked with a BBQ Brekky Wrap, Bacon & Egg Turkish Brekky Roll, crunchy g...	4,234 kJ	\$17.45

Breakfast Nutrition

12 items

ITEM	ENERGY	PROTEIN	FAT	SAT FAT	CARBS	SUGARS	SODIUM
Hash Brown	685 kJ	1.4 g	11 g	1.3 g	15.2 g	3 g	244 mg
Cheese Toastie	1,087 kJ	11.3 g	11.1 g	6.6 g	27 g	1.6 g	412 mg
Ham & Cheese Toastie	1,201 kJ	15.5 g	12.1 g	6.9 g	27.8 g	2.3 g	682 mg
French Toast Fingers	1,852 kJ	1.9 g	15.4 g	2.3 g	74.4 g	40.9 g	414 mg
Ham Cheese & Tomato Toastie	1,222 kJ	15.5 g	12.1 g	6.9 g	28.6 g	3 g	683 mg
Bacon & Egg Turkish Brekky Roll	929 kJ	13.3 g	17 g	8.7 g	4.6 g	2.8 g	521 mg
Sausage & Egg Turkish Brekky Roll	2,045 kJ	26.6 g	25.9 g	12 g	36.5 g	5 g	801 mg
BBQ Brekky Wrap	2,469 kJ	37.2 g	33.2 g	14.4 g	35.8 g	8.5 g	1024 mg
Jack's Brekky Roll	2,477 kJ	34.7 g	36.9 g	15.7 g	30.9 g	7.4 g	1050 mg
Big BBQ Brekky Wrap	2,602 kJ	28.4 g	35.1 g	12.2 g	48.1 g	6.7 g	1076 mg
Mega BBQ Brekky Wrap	4,027 kJ	55 g	61.8 g	24.2 g	48.4 g	7.5 g	1611 mg
Brekky Hunger Tamers	4,234 kJ	60.2 g	57 g	27.6 g	65 g	19.8 g	1626 mg

When breakfast runs. It starts at opening, which varies by restaurant, and finishes at 11:00 AM everywhere. The full menu begins the moment breakfast ends, so a Whopper before 11:00 AM is not available even at the restaurants that trade 24 hours. Prices are a guide collected from a Melbourne restaurant; each restaurant sets its own. Live prices and every restaurant's own opening time are on <https://hungryjacksmenus.au>.